

# Scienceworks Sleepovers

Visual Story for Schools



I am going to a sleepover at Scienceworks with my group and supervisors.

We will sleepover at Scienceworks for one night.

### **Getting Ready**

I will arrive at the Melbourne Planetarium entrance around 7pm.

I will bring with me:

- Sleeping bag
- Pillow
- Stuffed animal or cuddle buddy
- Book
- Pajamas
- Water bottle
- Toothbrush and toothpaste
- Change of clothes for the next day



## **Eating before my Scienceworks Sleepover**

I will need to eat dinner before I arrive at Scienceworks.

I will also be given a snack to have before bedtime.

I can talk to my teacher or supervisor before coming about any dietary requirements or questions I have about the food I will eat at Scienceworks.



### **Arriving at Scienceworks**

When I arrive, I will put my things on a trolley.

The trolley will be taken into the planetarium foyer, where friendly Scienceworks staff and volunteers will greet me.



### **Play Time in *Sportsworks***

Our group will have time to explore *Sportsworks* together. Our group will be the only group in the gallery.

*Sportsworks* is an active, hands-on space where I can move my body. I can play lots of sports games like running, basketball and soccer.

There may be times when I need to wait to use some exhibits. There will be enough time for everyone to have a turn.

Some areas may have lights and sounds. I can take a break or step away if I need to.



## Planetarium Show

I will go to the Melbourne Planetarium with my group.

The planetarium is like a movie theatre, but the screen is all around the room. The room will be dark, and I will be asked to stay quiet so everyone can hear the show.

During the show we will learn about the night sky, our solar system and outer space.

There are usually two parts:

- A movie
- A talk about the stars in the night sky

Some parts of the movie may have moving images. If these make me feel dizzy, I can close my eyes until I feel better.

If I need to leave the planetarium, I can tell my teacher.



## **Getting Ready for Bed**

We will be sleeping in the planetarium foyer. There is an inflatable moon that we can sleep under.

After the planetarium show, I will go back into the planetarium foyer.

I will be given a snack to have before bedtime. I can talk to my teacher or supervisor before coming about any dietary requirements.

I will set up my bed on an inflatable mattress and then get ready for sleep by putting on my pyjamas and doing anything else that helps me feel calm and comfortable.



## **Bathrooms and Water**

There are bathrooms in the planetarium foyer that I can use to change, brush my teeth, and use the toilet.

I can ask my supervisor to fill up my water bottle in the kitchen sink before bed.

I can use this bathroom during the night if I need it and I can always ask my supervisor for help.



### **Sleeping at Scienceworks**

When I sleep, I will be in the planetarium foyer, sharing the space with others in my group.

My supervisors will sleep in the same room as us. If I need anything throughout the night, I can ask them.

There might be sounds during the night, like the seagulls on the roof.



## **Morning Time**

At 7:00am my supervisor will wake me up for breakfast. If I wake up before 7:00am I will need something quiet to do, so that others can keep sleeping.

It will be time to get dressed, pack my own bag, and help pack up our inflatable mattresses. I should look around and make sure I have packed up all my belonging.

A Scienceworks staff will come in and show us how to pack up our mattresses.



## Breakfast

After getting ready for the day, a Scienceworks staff will bring us to the café for breakfast.

The café is located at Scienceworks but I have to go outside to get there.

The café will offer a few choices for breakfast. My teacher will be able to tell me what our options are.

I can talk to my teacher or supervisor before coming about any dietary requirements.



### **Gallery Exploration**

After breakfast, we might have some extra time to play in the galleries or we might have to get ready to leave. My supervisor will let me know.

If we have time for more gallery exploration, the Scienceworks staff will let me know where we can play and the rules we need to follow.



## Sharing the Gallery Spaces

At 10:00am the museum opens to the public. Other people and other school groups will enter the spaces and we might be sharing the exhibits with them.

When I explore the exhibitions, there are some rules to help keep me safe. I might see many other children and school groups in the space.

I will need to:

- Stay close to my group
- Listen to instructions from my teachers
- Walk between activities
- Take turns with others



A movie

## Leaving Scienceworks

When it is time to go home, I will go downstairs and get my overnight bag and sleeping bag.

I might use the bathroom before we leave, because the trip home may be long.

We will leave through the automatic sliding doors and walk up the stairs.

If I need to use the lift, I can go in it with my teacher.

**We hope you enjoy your sleepover  
at Scienceworks.**